

WHY DO YOU THINK I NEED HELP?

Studies show that many people who've been through tough times like you have will be able to adjust better with support. Just like your doctors treated your physical injury, we can help address emotional injuries.

HOW DO I GET STARTED?

The first step is really just a conversation with a member of our team. Give us a call to get started **267.359.2446**.



Healing Hurt People is a hospital and community-based violence intervention program based out of Drexel University's Center for Nonviolence and Social Justice

SCAN THIS QR CODE FOR MORE INFO AND OUR REFERRAL FORM



Contact us at:

267. 359.2446

hhpreferrals@drexel.edu

Find us here:

<https://drexel.edu/cnsj/>

IG: @drexelcnsj



DREXEL UNIVERSITY
College of
Medicine



DREXEL UNIVERSITY
Dornsife
School of Public Health

HEALING HURT PEOPLE PHILADELPHIA

You've been through a lot. **We can help**



WHAT CAN HAPPEN TO PEOPLE AFTER A VIOLENT INJURY?

Violence affects people's bodies, brains, feelings, and behavior. It affects relationships.

After a violent event you or your child might:

- Feel unsafe, on edge or jumpy
- Have nightmares or trouble sleeping
- Have flashbacks or think about what happened when you don't want to
- Feel worried or sad more than usual
- Get easily annoyed or angry with others



WHAT IS HEALING HURT PEOPLE?

Healing Hurt People supports Philadelphia residents ages 5–35 and their families who have been impacted by violence. We offer help with healing from trauma, staying safe, and building a hopeful future.



HOW CAN WE SUPPORT YOU?

A member of our team will reach out to you to get to know you and your family. We will work with you to figure out what will be most helpful. You can choose one or more of the following services:

Peer support with someone with lived experience of trauma

Trauma counseling to help you/your child cope with brain, body and feeling reactions

Resources for housing, food, employment, or education

Connection to Health & Victims' Compensation benefits

Groups with others who've also experienced trauma